

# Sparsholt Community Support Group



## OUR NOMINATED CHARITIES

In a previous newsletter we wrote about the severe impact the coronavirus lockdown was having on charities with their income greatly reduced by the cancellation of fundraising events. We asked for nominations for local charities that the village could support. We received two nominations and agreed we should seek to support both.

They are:

### **Friends of the Family - Winchester**

They work with parents and children who are struggling to cope with family life in Winchester and the surrounding villages.

### **North Hampshire Medical Fund**

Their mission is to aid our NHS Trust in providing the best possible treatment and care for patients in Hampshire.

They achieve this by raising funds to buy cutting-edge medical equipment for Andover War Memorial Hospital, the Royal Hampshire County Hospital in Winchester, and Basingstoke & North Hampshire Hospital.

We are seeking to obtain collection boxes so you can donate at the shop or if you prefer you can donate on the JustGiving pages of the charities:

<https://www.justgiving.com/friendsofthefamily>

<https://www.justgiving.com/northhampshire-medicalfund>

## SPARSHOLT SHOP AND POST OFFICE

Come and have a look at the new awning so the shop can provide services come rain or shine.

Opening hours during the VE weekend will change:

### **Shop VE opening hours:**

Fri	9 - 10am
Sat	8 - 12

### **Post Office opening hours:**

Fri	closed
Sat	closed

### **From Monday back to revised 'lockdown' hours:**

#### **Shop:**

Mon-Fri	8 - 1pm
Sat	8 - 12

#### **Post Office**

Mo - Fri	9 - 12
Sat	Closed



# Your Hampshire

The latest from your County Council



## SUPPORT FROM HAMPSHIRE COUNTY COUNCIL

The latest newsletter from the Hampshire County Council contains updates about:

- Supporting vulnerable residents with a [dedicated helpline](#).
- Help for [unpaid carers](#)
- Tips for [teens in lockdown](#)
- Librarians are [open online](#)

You can read the full newsletter [here](#).

## TAKE FIVE TO STOP FRAUD

**WHAT IS TAKE FIVE**

Take Five is a national campaign offering straight-forward, impartial advice that helps prevent email, phone-based and online fraud - particularly where criminals impersonate trusted organisations.

[Learn more](#)

Criminals using Covid-19 smishing texts to target consumers

Led by UK Finance, and backed by Her Majesty's Government, the campaign is being delivered with and through a range of partners in the UK payments industry, financial services firms, law enforcement agencies, telecommunication providers, commercial, public and third sector organisations.

Take Five is an awareness campaign to advise the public and business to take a moment to consider whether a phonecall, email or text message is genuine.

For more information, visit their [website](#) and read the Scam Awareness leaflet at the end of the newsletter

## DELIVERY OF TAKE AWAY MEALS

Here is a small list of pubs and restaurants that are still open for take away meals.

Some are delivering to Sparsholt others you may need to collect - check when ordering.

- Thali Curry house Wavell Way, Stanmore
- Mr So Chinese Winchester
- Rim Jim curry Winchester
- Balaka curry Weeke
- The Fox crawley
- The Bugle Twyford
- The Phoenix Inn Twyford
- Fish and chip shop Wavell Way, Stanmore
- Cote Brasserie Winchester
- Pi Pizza, Stockbridge Road
- The Dolphin Hursley
- Barcellos Weeke
- Bridge Patisserie, Winchester
- Open House Deli
- Farmhouse grill, Weeke
- Little Kitchen Company
- Gandi Curry house Winchester
- The original fry up company
- Light of Bengal (Indian), Winchester
- Shanghai papa (Chinese), Winchester
- Dominos (pizza), Weeke

## WHERE IS THIS?



A familiar sight for many...

BUT Answers must be in the form of [///what3words](#).

Please email to [supportgroupnews@sparsholtparish.org](mailto:supportgroupnews@sparsholtparish.org)



Foto by Helen Arundell



## THE NHS IS STILL THERE FOR YOU



- If you need medical help from your GP, contact them online, through an app or over the phone.
- If you need urgent medical help, use the **NHS 111 online service**. If you cannot get help online, call 111.
- If it's a serious or life-threatening emergency, call 999.
- If you are told to go to hospital, it is important that you go to hospital.
- You should continue to attend your appointments, unless you have been told not to attend.

### NHS mental health support during coronavirus

As with your physical health, the NHS is there to support your mental health during coronavirus.

If you or someone you know is facing mental health issues, please contact your GP. The NHS is still open, including mental health services which can be accessed through your GP or online. If you feel you're in crisis, call the NHS on **0800 0234 650**, 24 hours a day, seven days a week.



## ACROSS THE DOWNS

We are uploading the Across the Downs church news sheet weekly to this page.

You can read the latest version here.

## ARTICLES DOWNS BENEFICE MAGAZINE

The deadline for articles for the online magazine is Friday 8th May.

If you are planning to write an article it would be helpful to let us know. So please email us now before you forget.

## DOWN BENEFICE KIDS CORNER

The Downs Benefice website now has a special 'Kids Corner' section, with resources for children and families.

Visit the Kids Corner [here](#).

## NEWS FROM THE DOWN BENEFICE

'The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.' (Matthew 25: 40)

The **Downs Benefice website** is a fount of knowledge and information, helping all those of faith and also those of no faith with the challenges of dealing with lockdown – now in its 5th week?

Hear from our Rector in her latest letter to us all, find the links to the Diocese of Winchester and the Church of England to see Bishop Tim and Archbishop Justin lead worship from their homes (it is the only time I've visited the Archbishop's kitchen !!) and find contact details for people who are really struggling with lockdown, in whatever way, so they can find someone to listen and support.

Recent updates include :

- The Daily Hope contact number for anyone who wants to reach out for idea or help with hymns, reflections or prayers – 0800 804 8044. A great, and free, resource.
- A request for any content or articles that anyone across the Benefice that anyone might wish to contribute – a chance to tell others about how you're finding our current situation or how you're reaching out to help others.
- A link into the Diocesan Education Department website and specifically into Kids corner – a really good place for ideas and helpful suggestions on how to keep these young minds and bodies occupied.
- A link to the virtual Café Church service that Littleton are holding on Sunday, 3rd May.

Take a look, it changes all the time – you might find something you like and that helps.'

## SPARSHOLT COMMUNITY SUPPORT GROUP

Contact details:

Contact phone number for requests for support – 07595 967259

Contact email address for volunteers and requests for support - [supportgroup@sparsholtparish.org](mailto:supportgroup@sparsholtparish.org)

Newsletter Co-ordinator – Danielle Kleingeld at [supportgroupnews@sparsholtparish.org](mailto:supportgroupnews@sparsholtparish.org)

Volunteer and At Risk Lists Co-ordinator – Jane Kempton at [supportgroupvar@sparsholtparish.org](mailto:supportgroupvar@sparsholtparish.org)

Sparsholt Parish: <http://www.sparsholtparish.org/>  
 Sparsholt Shop: <http://www.sparsholtshop.com/>  
 Downs Benefice: <http://www.downsbenefice.org/>



## SCAM AWARENESS

### CRIMINALS ARE EXPLOITING THE COVID-19 PANDEMIC TO DEFRAUD PEOPLE

Below are some of the most common scams to be aware of:

#### EMAIL, TEXT & PHONE CALL SCAMS

- An unexpected email from the government offering you money.
- The 'infection list' scam mimicking the World Health Organisation (WHO) claiming to provide a list or map of local infections.
- An email from HM Government asking for donations for the NHS.
- An HMRC email stating you are 'eligible to receive a tax refund'.
- Sale of fake COVID-19 swabbing tests, supplements, and anti-virus kits.
- A text message asking you to pay a fine as it says you have been recorded as leaving your home on three occasions during the lockdown.
- A phone call stating 'government guidelines now require everyone to wear a mask outside the house, press 1 to purchase your mask'.

#### DOORSTEP CRIME

- Cleansing services that offer to clean drives and doorways to kill bacteria or offering to 'decontaminate' the inside of your home.
- Bogus healthcare workers offering 'home-testing' for the virus.
- Criminals offering to do your shopping. They take the money and do not return.

#### ADVICE & SUPPORT

Always question unsolicited calls, texts or emails requesting your personal or financial information (name, address, bank details). To verify the company contact them directly using a known email or phone number. For advice on cybercrime, or to report suspicious emails, visit [www.ncsc.gov.uk/cyberaware](http://www.ncsc.gov.uk/cyberaware) Anyone who has been a victim of fraud or cybercrime can report it online at [www.actionfraud.police.uk](http://www.actionfraud.police.uk) or call **0300 123 2040**.



[www.hampshire.police.uk](http://www.hampshire.police.uk)

Deaf? Non-emergency text



**07781 480999**

For crime and community information

[www.hampshirealert.co.uk](http://www.hampshirealert.co.uk)



Victim Care Service  
(Hampshire and IOW)  
**0808 178 1641**

Visit Neighbourhood Watch  
at [www.hinwa-nw.org.uk](http://www.hinwa-nw.org.uk)

